

### REPORT OF MENTORING

### YEAR 2021 -2022

## **Coordinators:**

- 1. Ms. Agnus Anthony Meledath
- 2. Ms. Seema Vishwakarma

At VSIT we have an exceptional mentoring program for students. Students(mentees) get the opportunity to be counseled by their teachers(mentors) on an online as well as in offline mode. This program helps to specifically foster the development of confidence, time, and stress management in student's life. Mentoring sessions at VSIT were started with a view to guide and counsel students in selecting careers, and professional courses, and tackling academic and social problems with peace without losing hope, additionally, the unbiased perspective of a mentor helps the mentee in making a wise decision related to the issues faced by mentees. Sometimes when the issues are straightforward and urgent, a Mentor might offer advice to the mentee to visit the campus counselor.

# Online mode of Mentoring

In the first few months of the academic year, mentoring was conducted in an online mode on the MS teams app due to the pandemic. The process of mentoring was carried out in the following manner in the online mode. The list of the students allocated to the mentors was sent by mail. The soft copy of mentoring handbook was provided to collect the data from the students. All mentors had to fill in the details of the mentoring sessions in the links provided after the mentoring sessions. Mentors created a meeting link on Microsoft teams as per convenience of mentees and shared the meeting link of the mentor- mentee interaction two days prior to the interaction. No recording of the interactions was done to maintain confidentiality. The first part of mentoring was group activity which was conducted by the mentors for the entire batch (once in a month).in which the mentors conducted some fun activities so that they can break the ice. The second part was oneto-one interaction online. (once a month). If they came across any mentees who have major issues and needed personal counselling the names of such students with the details of student (name, course, roll number) were mailed to the mentoring in charge and they were asked to keep in touch with the students till further instruction from the mentoring committee. After the interaction mentors had to update the interaction details in an MS form created by the mentoring committee. The Mentoring committee prepared the reports based on MS Form filled out by mentors after conducting the sessions.

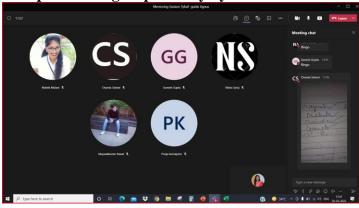
## Offline mode of Mentoring

In the later months of the academic year, mentoring was conducted in an offline mode. To begin with the Mentoring committee conducted a session for the faculty members—"Faculty Introduction and Interaction with Counsellor Dr. Kirti Potkar . on  $18^{th}$  April 2022 and  $28^{th}$  April 2022. About 25-30 Faculty members attended these sessions. It was an interesting session where Dr Kirti Potkar the campus counselor asked about the problems faced by Heads of departments due to change in the behavior of students. The faculties gave a number of points as per their



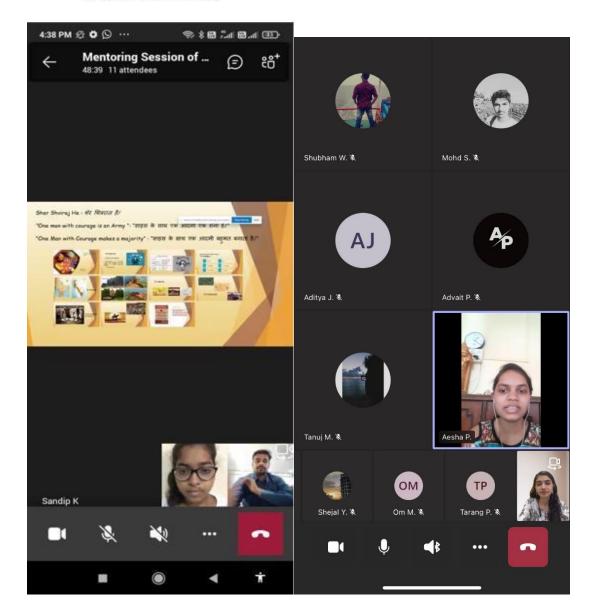
observation and interaction with the students. Teachers noted that the students were very lethargic and did not want to come out of their comfort zone. It was a big challenge to bring them to offline mode. There was a lack of motivation to study and it was really difficult to interact with the mentees. The mentees were not open as they spend a huge amount of time attending online classes in pandemic time. They had a non-receptive attitude built around them. After a brainstorming session by the campus counsellor Dr. Kirti suggested some activities and techniques which would be helpful for the mentors to overcome the challenges. Some suggestions were given by Dr. Kirti like trying out new learning methods, and try making education interesting by edutainment, Interesting sessions could be conducted subject wise giving them leadership opportunities as leadership creates more participation, integration of concepts and connecting the concepts with activities. Suggestions were also given to the Heads of departments to handle their subordinate teachers. For instance: Creating good boundaries, accepting the person as he or she is, choosing the right person for the right task, tackling the silent persons, and giving some space and time to their subordinates.

# Glimpses of the group activity by Mentors on online mode:

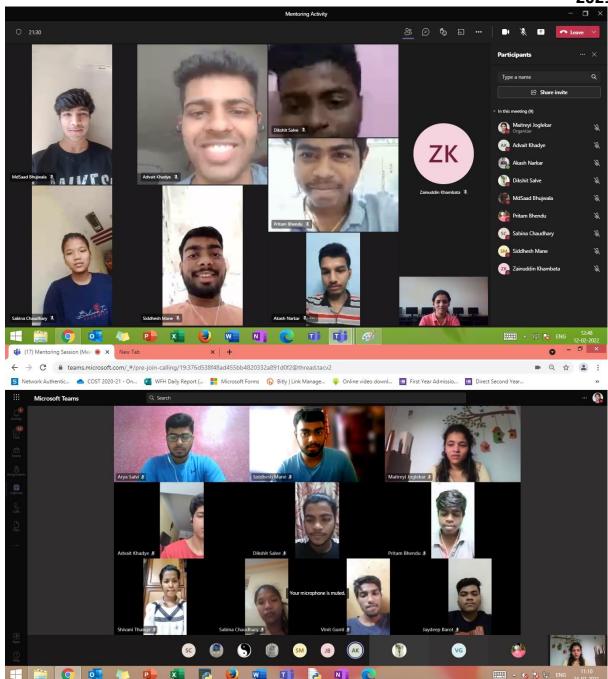
















## Session of Campus Counsellor Dr. Kirti Potkar with the Faculty of VSIT

